



Severe Maternal Morbidity: Trends and Disparities

Advisory Committee on Infant and Maternal Mortality *March 20, 2023*

Ashley Hirai, PhD
Senior Scientist, Office of Epidemiology and Research
Maternal and Child Health Bureau (MCHB)

Vision: Healthy Communities, Healthy People



Maternal Mortality and Morbidity

Maternal Deaths

Severe Maternal Morbidity

Maternal Health Complications





Severe Maternal Morbidity (SMM) Surveillance

 HRSA collaborates with the Agency for Health Care Research and Quality (AHRQ; data purveyor) and the Centers for Disease Control and Prevention (CDC; measure developer) to pre-populate Title V Block Grant National Outcome Measure for SMM (NOM-2) from the Healthcare Cost and Utilization Project (HCUP) – State Inpatient Databases

Evidence-Based or Informed Strategies



National Performance Measures



National Outcome Measures

- Insurance outreach and enrollment
- Hospital QI

- Well Woman Visit
- Low-Risk Cesarean

- Severe Maternal Morbidity
- Maternal Mortality





Outline

- Definition
- Trends
- Types
- Disparities
- Measurement Issues





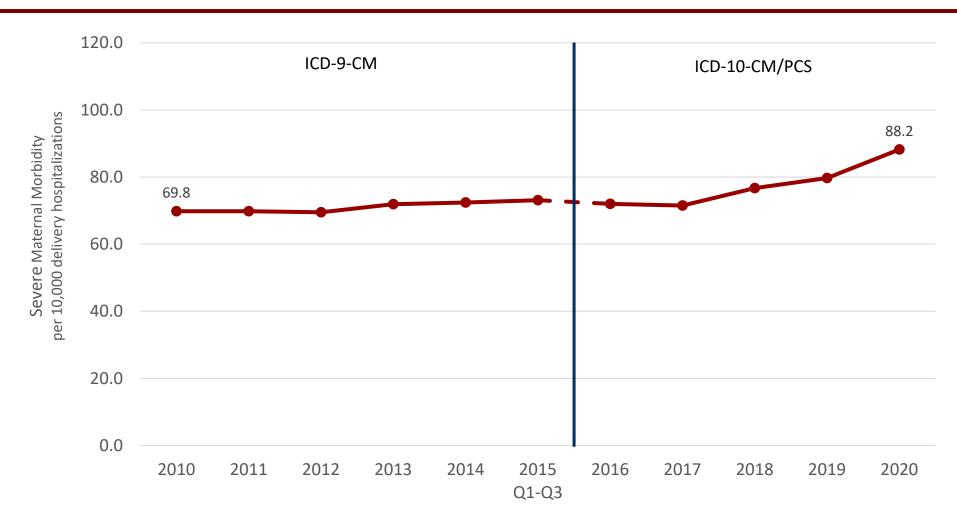
SMM Definition

- "Unexpected outcomes of labor and delivery that result in significant short or long-term consequences to a woman's health" – CDC
 - 21 indicators (16 diagnosis and 5 procedures) from hospital discharge record codes
 - Recent analyses exclude blood transfusion only cases due to poor predictive value
 - HCUP Fast Stats https://datatools.ahrq.gov/hcup-fast-stats
 - Title V Federally Available Data Resource Document https://mchb.tvisdata.hrsa.gov/Home/Resources
 - Alliance for Innovation on Maternal Health https://saferbirth.org/aim-data/resources/
- Recent AHRQ, CDC, HRSA Publications
 - Trends in Severe Maternal Morbidity in the US Across the Transition to ICD-10-CM/PCS From 2012-2019. JAMA Netw Open. 2022;5(7):e2222966.
 - <u>Associations Between State-Level Severe Maternal Morbidity and Other Perinatal Indicators</u>. JAMA Netw Open. 2022;5(7):e2224621.
 - Assessment of Incidence and Factors Associated With Severe Maternal Morbidity After Delivery Discharge Among Women in the US. JAMA Netw Open. 2021 Feb 1;4(2):e2036148.
- Forthcoming Publications
 - AHRQ analysis of COVID-related SMM increases
 - CDC analysis of SMM indicators accounting for in-hospital deaths





SMM Trends, 2010-2020







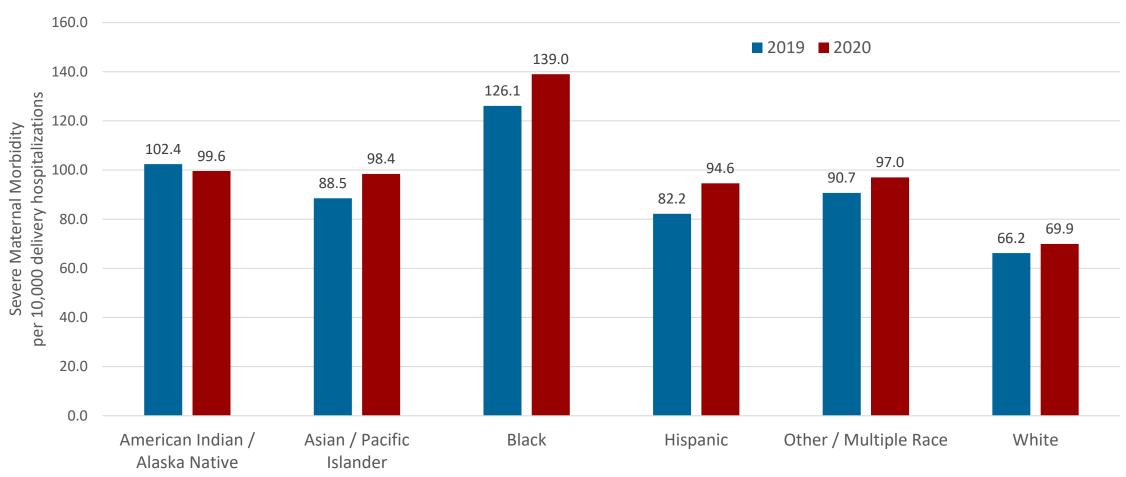
SMM Indicator Grouping

Indicator Grouping	Indicators	2019 Rate per 10,000	2020 Rate per 10,000	Absolute Change	Relative Change
Hemorrhage	Disseminated intravascular coagulation Shock Hysterectomy	36.5	36.9	0.4	1%
Renal	Acute Renal Failure	15.7	19.2	3.5	22%
Respiratory	Adult respiratory distress syndrome Temporary tracheostomy Ventilation	11.6	15.7	4.1	35%
Sepsis	Sepsis	11.2	12.5	1.3	12%
Other Obstetric	Amniotic fluid embolism Eclampsia Severe anesthesia complications Air and thrombotic embolism	11.1	11.8	0.7	6%
Cardiac	Acute myocardial infarction Aneurysm Cardiac arrest/ventricular fibrillation Conversion of cardiac rhythm Heart failure/arrest during surgery Pulmonary edema / Acute heart failure	9.0	9.3	0.3	3%
Other Medical	Puerperal cerebrovascular disorders Sickle cell disease with crisis	4.6	5.0	0.4	9%





SMM by Race and Ethnicity



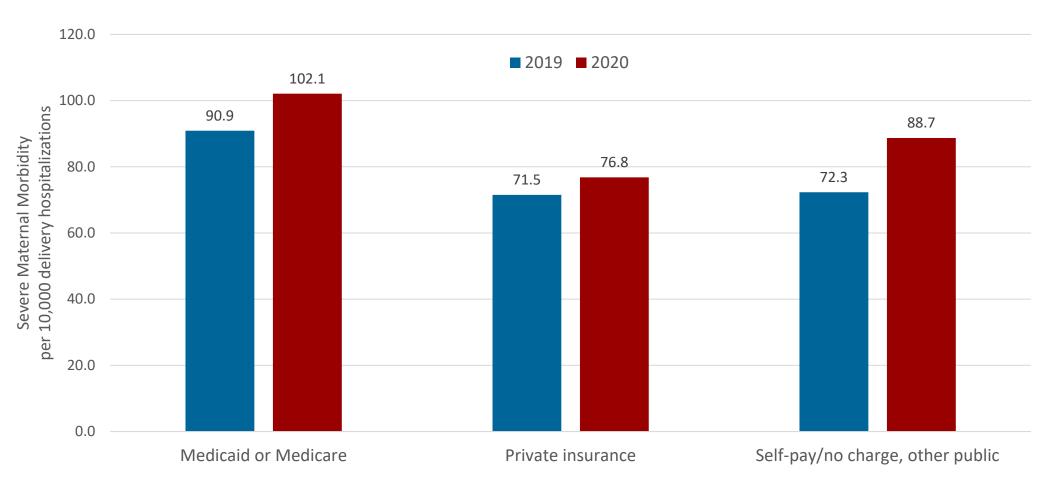


From 42 states with adequate reporting of race and ethnicity

Source: Agency for Healthcare Research and Quality, Healthcare Cost and Utilization Project, State Inpatient Databases



SMM by Expected Payer

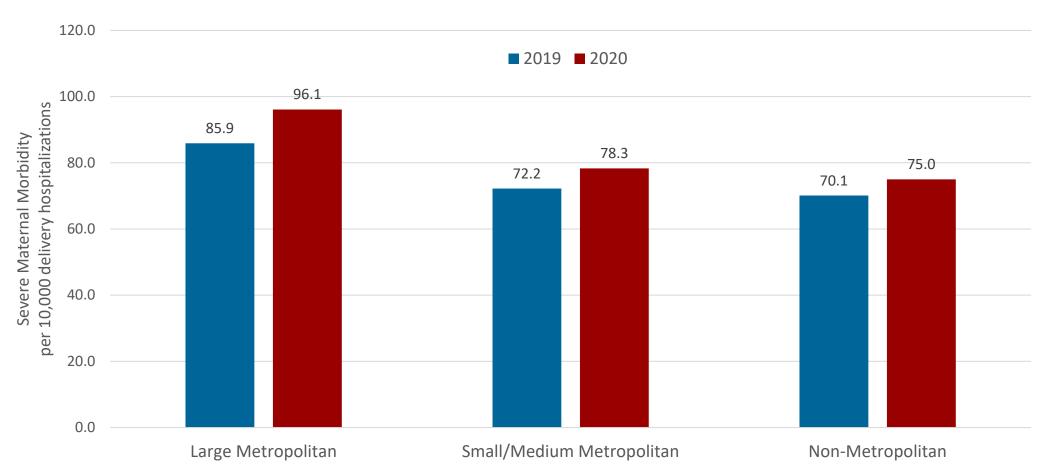




Source: Agency for Healthcare Research and Quality, Healthcare Cost and Utilization Project, National Inpatient Sample



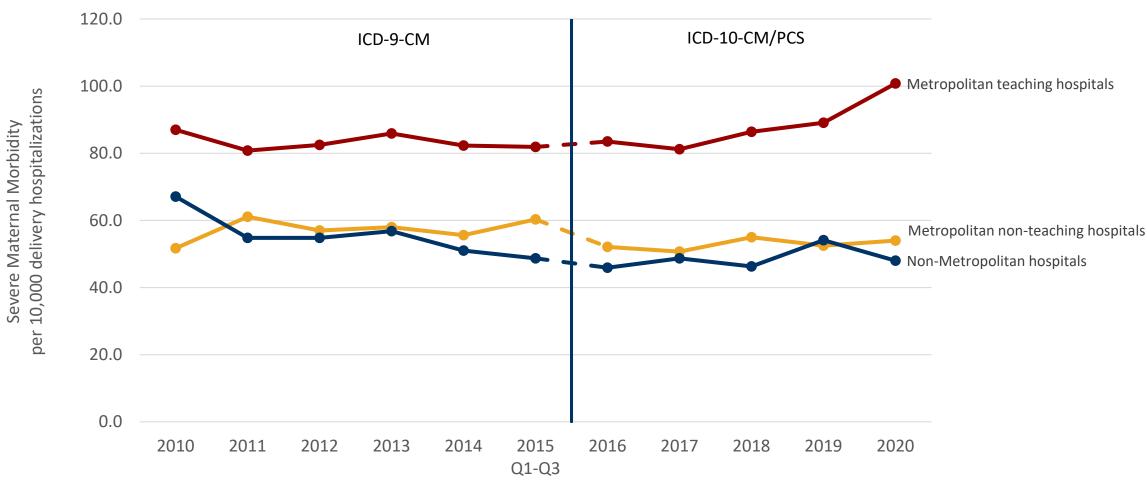
SMM by Rural/Urban Residence







SMM Trends by Hospital Location and Teaching Status

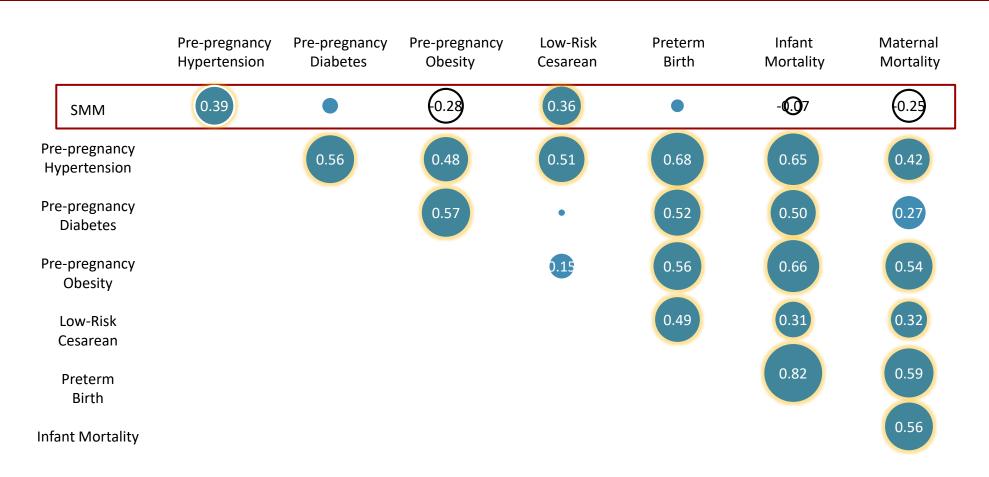






Source: Agency for Healthcare Research and Quality, Healthcare Cost and Utilization Project, National Inpatient Sample

State-level SMM Correlations with Perinatal Indicators



SMM only correlated with pre-pregnancy hypertension and low-risk cesarean

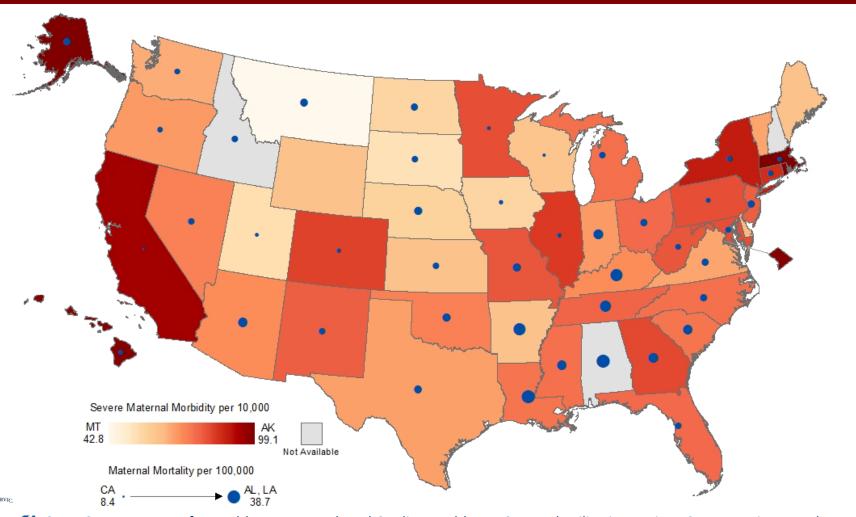
Stronger and more consistent correlations for all other perinatal indicators



SMM Source: Agency for Healthcare Research and Quality, Healthcare Cost and Utilization Project, State Inpatient Databases, 2017-2019 **All Other Source**: National Center for Health Statistics, National Vital Statistics System, Birth and Mortality Files, 2017-2019 (2016-2020 for MMR)



SMM and Maternal Mortality



SMM shows little geographic patterning with the highest rates in certain states on both coasts

Maternal mortality is highest in the southeast

Correlation: -0.25





SMM Timing



 Recent analysis of IBM MarketScan data showed ~15% of de novo SMM occurred in the postpartum period





Contact Information

Ashley Hirai, PhD

Senior Scientist, Office of Epidemiology and Research

Maternal and Child Health Bureau (MCHB)

Health Resources and Services Administration (HRSA)

Email: ahirai@hrsa.gov

Phone: 240.472.2783

Web: mchb.hrsa.gov





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